



Product Catalogue





Welcome



"Lifeplus has a huge role to play in helping people live more productive and healthy lives and we are extremely excited to have you on board. For years we have pioneered unique combinations of the highest quality ingredients to provide the very best extra nutritional support. With your help, we can contribute to a better quality of life for us all by enabling millions of people to do more, be more and live more."

Sincerely yours,



J. Robert Lemon, Pharmacist
President and Co-Founder
Lifeplus

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Superior Formulations



All our Lifeplus products are the result of the passion and expertise of our chief formulators, J. Robert (Bob) Lemon and Dr. Dwight McKee.

United in their ambition to create the finest nutritional products, our formulators provide a wealth of experience and insight in creating pioneering products using state of the art formulations; formulations that distinguish themselves as being amongst the very highest quality available on the market today.



J. Robert (Bob) Lemon

Lifeplus President J. Robert Lemon, R.Ph, began his professional career as a pharmacist, providing prescriptions to thousands through a number of successful pharmacies based in the US.

Seeking to better service his customers, and with the foresight to recognise that nutrition would begin to play an increasingly prominent role in modern medicine, it became his mission to make high-quality nutritional supplements available directly to the consumer. He went on to purchase a respected nutritional supplements manufacturer based in the US, laying the foundations for Lifeplus, which was founded in 1992.

When he later met with Dr. Dwight McKee, a practitioner with a shared vision for the role of nutrition in healthcare, he recognised an opportunity to create a partnership that would eventually lead to an extensive range of nutritional products based on the latest science, practitioner experience and the highest standards – available to all.

Dr. Dwight McKee

Dr. Dwight McKee's extensive medical biography includes an academic background in pharmacology, laboratory research and clinical medicine, before undertaking twelve years' study and practice of nutritional and complementary medicine disciplines as a medical director at the first integrative medicine clinic on the US East Coast.

Working with cancer patients in his practice inspired him to develop his expertise further. He became board certified in Internal Medicine, Haematology and Oncology, practising these disciplines for six years at top clinics across the US, and has additionally pursued advanced studies in Immunology.

Board certified in nutrition by the American College of Nutrition and the American Board of Holistic Medicine, Dr. McKee's in depth and wide ranging experience in specialised medical practice, nutritional science, and complementary medicine make him one of the most knowledgeable researchers and clinicians worldwide.

In 2001, Dr. McKee was convinced by Bob Lemon of Lifeplus' potential to create and supply quality nutritional products straight to those who need them. He remains the primary formulator of our products to this day.

Quality

At Lifeplus we've adopted rigorous quality controls and best practice methodology in all our processes.

Here's some of the ways in which we make sure our customers can be confident that they're supplementing their nutrition with the finest products on the market.

Homegrown

We manufacture the majority of our products ourselves in Batesville, AR (USA). This enables us to control and monitor the entire process, paying attention to the tiniest details to ensure the quality of our products.

Quality at a Fair Price

Decades of experience from formulation right through to shipping enables us to guarantee the utmost quality at a fair price.

Cutting Edge Research and Development

Our R&D Department is committed to continuously reviewing products according to both the latest scientific findings and the years of combined knowledge and experience of our chief formulators, Dr. McKee and Mr. Bob Lemon.

Sensitive Production

Cold production processing retains the potency of enzymes and vitamins, which would otherwise be destroyed by heat during production – reducing the nutritional benefits.

Proprietary PhytoZyme® Base

Vitamin supplements require a 'filler' agent to bind and hold the ingredients together. Many companies utilise artificial filler, which has no nutritional value. Instead, we utilise our proprietary PhytoZyme® Base. This formula made from special herbs, phytonutrients, co-factors, plant enzymes and more than thirty different fruits & vegetables, synergistically assists in the assimilation of our products' active ingredients.

Synergy

When designing our formulations, Lifeplus combines specific ingredients in such a way as to impart maximum nutritional benefit to finished products. This synergy ensures the optimum blend of the nutritional combinations we have pioneered.



Philosophy

A varied diet is an important requirement for optimum health.

Virtually every respected health authority worldwide recommends that you consume at least five to nine portions of fresh fruits and vegetables a day. However, it's often easy to overlook or forget this practice in the rush of day to day life.

Nutritional Supplements

Of course, food supplements should not be used as a substitute for a diversified diet, but at Lifeplus we recognise the value of supporting your dietary nutrition with natural, quality products.

Although many people may be aware of the need for key nutrients, they might be unsure how to supplement effectively.

That uncertainty is why we've created a simple yet effective two step philosophy to help you get started:

Step
1

Supplement with
Daily BioBasics™
each day in your
favourite beverage
to **nourish** your body.

Step
2

Supplement with
Proanthlenols®
to **protect** your cells.

This initial combination works well to start with, supplementing the most common nutritional needs. But what's next?

Targeted Nutrition

As you become more knowledgeable about your own nutritional needs, you may decide that you want to look at nutritional options that suit you in particular. Everyone has their own unique requirements.

That's why we have a range of specialty formulae. By choosing from our targeted range, you can customise your own programme to your personal requirements.

Nutritional Supplements

Our nutritional supplements feature a wide range of high-quality products. Whatever your nutritional need, the Lifeplus range aims to have something for everyone!





Winning Combinations

Convenient and comprehensive, our Product Packs represent ideal combinations of our most popular products, carefully selected to combine and maximise the effects of the ingredients within, and provide you with the confidence that you're receiving a full range of high quality nutrients to support your well-being.



MAINTAIN & PROTECT 100 GOLD
Daily BioBasics™
Proanthlenols® 100 mg
OmeGold®
Product 4382



MAINTAIN & PROTECT 100
Daily BioBasics™
Proanthlenols® 100 mg
Product 4630



MAINTAIN & PROTECT 50
Daily BioBasics™
Proanthenols® 50 mg

Product 4629



EVERYDAY WELL-BEING
TVM-Plus™
Proanthenols® 100 mg

Product 4628



EVERYDAY WELL-BEING GOLD
TVM-Plus™
Proanthenols® 100 mg
OmeGold®

Product 4384



DAILY BIOBASICS™

Veggie Caps

**Available in convenient,
easy-to-swallow capsules.**

Product 4476 480 Capsules

DAILY BIOBASICS™

Our nutritional powerhouse – a potent balance of essential important nutrients to provide targeted support to overall health

For general well-being and performance on a daily basis, it is important that our body is supplied with an optimum intake of essential vitamins, minerals and trace elements. Our body is unable to produce these vital nutrients itself. Therefore, we have to supply our body with these vital substances on a daily basis. A balanced diet rich in vegetables, fruits, cereals, dairy products and fish is needed to supply the optimum combination of nutrients, but many people have neither the time nor the understanding to maintain this, and have an unbalanced diet; their daily supply of vitamins, minerals and trace elements is often not ideal.

With an unbalanced diet or with an increased requirement of nutrients, caused for example through environmental stress or physical exertion, nutritional supplementing with Daily BioBasics is recommended.

Daily BioBasics nutritional drink provides a refined combination of ingredients to support you in staying at your physical and mental best. Packed with a truly expansive selection of vitamins, minerals, herbal extracts and fibre, our innovative and proprietary blending process ensures optimal product performance with every serving.

One serving of Daily BioBasics™ gives you:

- 100% of the daily values of essential vitamins including A, B, C and E, contributing to key functions across the body including the immune system, heart functions, cell health, maintaining energy levels and the reduction of fatigue.
- Minerals such as Zinc and Magnesium to support normal bones, connective tissue and cognitive functions – and much more.
- Phytonutrients concentrated from 35 fruits and vegetables, and 20 different herbs.
- Contains more than 50% of the RDA for fibre.
- Includes core minerals such as Selenium and Zinc which help protect cells from oxidative stress.

Daily BioBasics is the full spectrum supplement to your daily needs for vitamins, minerals and fibre, helping support the most important functions throughout your entire body – and allowing you to focus on being at your best!

Product 4471 788 g

Product Information

Serving Size

Serving Per Container

Amount Per Serving	%EC RDA	
Dietary Fibres	13 g	
Soluble Fibre	8 g	
Insoluble Fibre	5 g	
Vitamin A (Total)	800 µg RE	100%
Vitamin A (Retinyl Acetate)	750 µg RE	94%
Beta-Carotene	50 µg RE	6%
Vitamin D-3 (Cholecalciferol)	10 µg	200%
Vitamin E	82,5 mg α-TE	688%
(D-Alpha Tocopheryl Acid Succinate)		
Vitamin C (L-Ascorbic Acid, Acerola Fruit		
Extract, Rose Hips Fruit Powder)	300 mg	375%
Thiamin Mononitrate (Vitamin B-1)	3 mg	273%
Riboflavin (Vitamin B-2)	3,5 mg	250%
Niacin (Nicotinamide)	40 mg NE	250%
Vitamin B-6 (Pyridoxine HCl)	4 mg	286%
Folic Acid (Pteroylmonoglutamic Acid)	400 µg	200%
Vitamin B-12 (Cyanocobalamin)	12 µg	480%
Biotin	300 µg	600%
Pantothenic Acid		
(as Calcium D Pantothenate)	20 mg	333%
Calcium (Total)	1000 mg	125%
Magnesium (Total)	350 mg	93%
Zinc (as Zinc Gluconate)	15 mg	150%
Iodine (as Potassium Iodide)	150 µg	100%
Vitamin K-1 (Phytomenadione)	80 µg	107%
Selenium (as Sodium Selenite)	130 µg	236%
Copper (as Cupric Gluconate)	2 mg	200%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium III Chloride)	180 µg	450%

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 10A

Food supplements should not be used as a substitute for a diversified diet.

Two level scoops (Approx. 26,3g)

30

Amount Per Serving	%EC RDA	
Molybdenum (as Sodium Molybdate)	125 µg	250%
Maltodextrin	3,6 g	*
Blond Psyllium Seed Husk Powder	3,8 g	*
Blond Psyllium Seed Powder	12,3 g	*
Guar Gum Seed Endosperm Powder	277 mg	*
Flax Seed (De-Oiled) Powder	277 mg	*
Kelp (<i>Laminaria digitata</i> L.)		
Whole Plant Isolate Powder	147 mg	*
Black Walnut Leaf Powder	140 mg	*
Boron (as Sodium Borate Decahydrate)	300 µg	*
Silicon (Total)	1 mg	*
Choline Bitartrate	5 mg	*
Inositol	30 mg	*
Lecithin (Soya)	50 mg	*
Lemon Bioflavonoids		
(Whole Fruit Powder)	50 mg	*
PABA	10 mg	*
Alpha Lipoic Acid	5 mg	*
Hesperidin (from Hesperidin Complex)	8 mg	*
Quercetin	10 mg	*
Rutin	10 mg	*
Lutein (from Lutein Extract)	100 µg	*
Lycopene (from Lycopene Extract)	60 µg	*
L-Glutathione	2 mg	*
Soya Isoflavones Extract	13 mg	*
Acerola Fruit Extract	10 mg	*
Alfalfa Leaf Powder	191 mg	*
Astragalus Rhizome Extract	16 mg	*
Beet Root Powder	46 mg	*

Amount Per Serving	%EC RDA	
Bilberry Leaf Powder	20 mg	*
Broccoli Flower Head Powder	75 mg	*
Brussels Sprout Head Powder	20 mg	*
Cabbage Leaf Powder	25 mg	*
Carrot Root Powder	180 mg	*
Cauliflower Floret Powder	50 mg	*
Chamomile Flower Powder	20 mg	*
Chlorella Single Cellular Algae Powder	10 mg	*
Dulse Leaf Powder	10 mg	*
Fennel Seed Powder	50 mg	*
Ginkgo (<i>Ginkgo biloba</i> L.) Leaf Extract	10 mg	*
Ginseng (Siberian) (Eleutherococcus)		
Root Powder	10 mg	*
Green Pea Seed Powder	40 mg	*
Green Pepper Fruit Powder	30 mg	*
Green Tea Leaf Powder	35 mg	*
Kale Leaf Powder	20 mg	*
Lemon Grass Leaf Powder	20 mg	*
Kelp (<i>Ascophyllum nodosum</i> L.)		
Whole Plant Powder	10 mg	*
Parsley Leaf Powder	35 mg	*
Rose Hips Fruit Powder	10 mg	*
Rosemary Leaf Powder	25 mg	*
Spinach Leaf Powder	10 mg	*
Spirulina Phytoplankton		
Microalgae Powder	10 mg	*
Curcuminoids (from Turmeric Root Extract)	19 mg	*
Watercress Leaf Powder	25 mg	*
ProBioTx™ Stabilised Probiotic Blend	35 mg	*

*The EU currently does not have a Recommended Daily Allowance of Fibre.

Suitable for Vegetarians
Gluten Free

PROANTHENOLS®

Support your body in protecting itself from oxidative stress!

One of Lifeplus' most successful products and a consistent favourite for countless customers down the years!

A high-quality formulation based upon 50 years of research, Proanthenols is built upon Real OPCs, concentrated extract from specific grape seeds and certain types of pine bark found in southern France.

This synergistic formula also includes Vitamin C, which is shown to contribute to the protection of cells from oxidative damage.

Product 4469	50 mg	60 Tablets
Product 4468	50 mg	240 Tablets
Product 4470	100 mg	60 Tablets

Product Information – 100 mg

Tablets Per Container		60
Amount Per 2 Tablets		%EC RDA
Vitamin C (L-Ascorbic Acid)	40 mg	50%
Oligomeric ProanthoCyanidins (OPC)	200 mg	*
Lemon Bioflavonoids Whole Fruit Powder	260 mg	*
Hesperidin (from Hesperidin Complex)	50 mg	*
Rutin	40 mg	*
Quercetin Dihydrate	10 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 4A

Suitable for Vegetarians
Gluten Free



Food supplements should not be used as a substitute for a diversified diet.





OMEGOLD®

Omega-3 fish oil capsules rich in DHA and EPA

Omega-3 oils represent a great solution for supporting some of the most important body functions. EPA and DHA Omega-3 fatty acids will aid and contribute to normal cardiac and cognitive function, as well as vision. Not only this, OmeGold capsules contain Vitamin D, which supports immune function and Vitamin E, which is shown to help protect cells from oxidative damage. This blend helps support total well-being for the whole family, providing an easy method of including high-quality Omega-3 fatty acids in the everyday diet.

Product 5000

60 Softgel Capsules

Product Information

Softgel Capsules Per Container

60

Amount Per Capsule	%EC RDA
Vitamin D (Cholecalciferol)	20 µg 400%
Vitamin E (D-Alpha-Tocopherol)	3 mg α-TE 25%
Total Omega-3 Fatty Acids (Minimum)	600 mg *
EPA (Eicosapentaenoic Acid)	60 to 150 mg *
DHA (Docosahexaenoic Acid; Minimum)	430 mg *
E32 Essential Oil Blend	32 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1E

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



ALOE VERA CAPS

Convenient, quality capsules

The Aloe Vera plant has a long history of use in supporting well-being. Now you can enjoy this traditional extract, synergised with Calcium in an easy-to-use capsule form from Lifeplus.

Product 5044

60 Capsules

Product Information

Capsules Per Container

60

Amount Per Capsule	%EC RDA	
Calcium	54 mg	7%
Glycine	325 mg	*
L-Glutamine	250 mg	*
Freeze Dried Aloe Vera Gel	30 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1A

Suitable for Vegetarians
Gluten Free



Lifeplus® BIOlogik™ Fruit Bars

Almond-Vanilla – Gluten free – Organic snack bar

Pure almond flavour with a hint of vanilla – the BIOlogik™ Almond-Vanilla Fruit Bar is a delicious, gluten-free snack containing only the highest quality ingredients that meet our requirements for purity and taste. A careful selection of aromatic dried fruits, nut kernels and cereals are combined to ensure a great taste – with no additional sugar used in the formulations. BIOlogik bars are also high in fibre and are certified organically grown – a delicious snack from nature itself!

Product 1803

20 Bars

Average nutritive value in 100 g:

Energy	1443 kJ (344 kcal)
Protein	7,6 g
Carbohydrates	47,5 g
Fat	13,7 g
Dietary Fibre	13,5 g

EU.DE.PI.MOD 1A

BRAIN FORMULA

A natural option for a busy life

Our lives are busier than ever, and it can be tempting to fall back on any number of artificial stimulants to help stay alert and keep on top of it all. Brain Formula represents Lifeplus' answer to supporting performance and concentration using natural ingredients.

Our proprietary mix of quality vitamins and compounds is designed to work naturally with your body. It includes Pantothenic Acid which contributes to mental performance and reduces fatigue; Niacin and Vitamin B-6 which help maintain psychological functions; and Chromium to help maintain blood glucose levels – and many more ingredients specially selected to optimise the blend, and to support you in maintaining focus and energy levels.

Product 4459

180 Tablets

Product Information

Tablets Per Container

Amount Per 4 Tablets	%EC RDA	
Vitamin E (D-Alpha-Tocopheryl Acid Succinate)	50 mg α-TE	417%
Thiamin HCl (Vitamin B-1)	33,3 mg	3027%
Riboflavin (Vitamin B-2)	33,3 mg	2379%
Niacin (Nicotinamide)	33,3 mg	208%
Vitamin B-6 (Pyridoxine HCl)	8 mg	571%
Folic Acid (Pteroylmonoglutamic Acid)	132 µg	66%
Vitamin B-12 (Total)	141 µg	5640%
Cyanocobalamin	133 µg	5320%
Bibenzozide (Deoxyadenosylcobalamine)	8 µg	320%
Pantothenic Acid (Calcium-D-Pantothenate)	34 mg	567%
Vitamin K-1 (Phytomenadione)	66 µg	88%
Selenium (as Sodium Selenite)	40 µg	73%
Chromium (as Chromium (III) Picolinate)	33 µg	83%
L-Carnitine (from L-Carnitine L-Tartrate)	133 mg	*
N-Acetyl L-Carnitine	73 mg	*
N-Acetyl L-Cysteine	200 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established
EU.PI.MOD 5A

180

Amount Per 4 Tablets	%EC RDA
Dimethylaminoethanol Bitartrate (DMAEB)	80 mg *
Phosphatidylserines (From Soya Phospholipid Complex)	15 mg *
Hyperzia Serrata (<i>Hyperzia serrata</i> (Thunb. ex Murray) Trevis) Whole Herb Extract	2,4 mg *
Ginkgo Biloba Leaf Extract	40 mg *
Gotu Kola Aerial Parts Extract	120 mg *
Siberian Ginseng (<i>Eleutherococcus senticosus</i> (Rupr. et Maxim.) Maxim.) Root Extract	20 mg *
Norwegian Kelp (<i>Ascophyllum nodosum</i> L.) Whole Plant Powder	13 mg *
Lemon Bioflavonoids Whole Fruit Powder	13 mg *
Alpha Lipoic Acid	60 mg *
L-Glutamine	120 mg *
L-Phenylalanine	133 mg *
Taurine	200 mg *
L-Tyrosine	60 mg *

Suitable for Vegetarians
Gluten Free



CALMAG PLUS

Calcium and Magnesium to support overall well-being

It's common knowledge that Calcium is essential for the maintenance of normal teeth and bones, but it's less well known that Calcium also supports many different functions throughout the body! Calcium helps maintain energy levels and support muscle function as well as playing a role in the formation of healthy red blood cells. Combined with Magnesium, which contributes to nervous system function and supports the body in synthesising protein, our CalMag product represents a quality nutritional supplement for so much more than just bones and teeth!

Product 4455

300 Tablets

Product Information

Tablets Per Container

300

Amount Per 6 Tablets	%EC RDA	
Vitamin C (As Calcium L-Ascorbate)	144 mg	180%
Vitamin D-3 (Cholecalciferol)	6 µg	120%
Calcium (Total)	600 mg	75%
Phosphorus (Total)	161 mg	23%
Magnesium (Total)	300 mg	80%
Zinc (as Zinc Gluconate)	9 mg	90%
Vitamin K-1 (Phytomenadione)	38 µg	51%
Copper (as Cupric Gluconate)	0,6 mg	60%
Manganese (as Manganese Gluconate)	3 mg	150%
Boron (from Sodium Borate)	3,6 mg	*
Betaine HCl	60 mg	*
L-Glutamic Acid	120 mg	*
Alfalfa Leaf Powder	24 mg	*
Silicon (as Silicic Acid)	3 mg	*
Norwegian Kelp (Ascophyllum nodosum L.)		
Whole Plant Powder	12 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 5

Suitable for Vegetarians
Gluten Free



CIRCULATION FORMULA

Help support your circulation

Our blood, and how efficiently it is able to move around our bodies, is hugely important in maintaining our day-to-day well-being. Circulation Formula is a high-quality formula designed to supplement effective circulation. It contains synergistic B-vitamins and high-quality herbal extracts; Thiamine contributes to the normal function of the heart, Folic Acid is shown to contribute to blood formation and Riboflavin helps maintain normal red blood cells. This high-quality formula also contains Arginine.

Product 4480

180 Tablets

Product Information

Tablets Per Container

180

Amount Per Tablet	%EC RDA	
Thiamin HCl (Vitamin B-1)	0,167 mg	15%
Riboflavin (Vitamin B-2)	0,167 mg	12%
Niacin (Nicotinamide)	0,2 mg NE	1%
Vitamin B-6 (Pyridoxine HCl)	0,167 mg	12%
Folic Acid (Pteroylmonoglutamic Acid)	30 µg	15%
Vitamin B-12 (Cyanocobalamin)	1 µg	40%
L-Arginine (from L-Arginine Monohydrochloride)	500 mg	*
L-Lysine HCl	17 mg	*
Butcher's Broom Rhizome Extract	6 mg	*
Horse Chestnut Seed Extract	6 mg	*
Ginkgo (<i>Ginkgo biloba</i> L.) Leaf Extract	22 mg	*
Catuaba Bark Extract	15 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 6

Suitable for Vegetarians
Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



COLON FORMULA

A natural formula to help support your body's metabolism

A key part of your overall wellness is your body's ability to process waste. It's not glamorous, but it is important!

Colon Formula from Lifeplus aims to support your body's natural cleansing process. Combined with a healthy diet rich in fruits and vegetables, Colon Formula may help support routine cleansing and is a good choice for anyone looking to add fibre to their diet.

Product 4443

708 g

Product Information

Serving Size

1 Level Scoop (11,8 g)

Servings Per Container

60

Amount Per Serving	%EC RDA
Dietary Fibre	8 g
of which soluble	5 g
of which insoluble	3 g
Blond Psyllium Seed Powder	5,2 g *
Blond Psyllium Seed Husk Powder	2,5 g *
Maltodextrin	3,3 g *
Flaxseed (De-Oiled) Powder	177 mg *
Guar Gum Seed Endosperm Powder	177 mg *
Black Walnut Leaf Powder	118 mg *
Marine Alginate Whole Plant Powder	94 mg *
Beet Root Powder	59 mg *
ProBioTx™ Stabilised Probiotic Blend	11,8 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 4A

Suitable for Vegetarians

Gluten Free



CO-Q-10 PLUS™

A mineral/enzyme combination to support your energy levels

Coenzymes such as Co-Q-10 aid our body in metabolising energy from food. Co-Q-10 Plus contains not only Coenzyme Q10 but also Calcium and Phosphorous, key minerals shown to support your body in generating energy.

Product 5591

60 Tablets

Product Information

Tablets Per Container

60

Amount Per 2 Tablets	%EC RDA
Calcium (from Dicalcium Phosphate)	228 mg 29%
Phosphorus (from Dicalcium Phosphate)	176 mg 25%
Coenzyme Q10	100 mg *
Lecithin (Soya)	100 mg *
Lemon Bioflavonoids Whole Fruit Powder	50 mg *
Quercetin Dihydrate	10 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 3

Suitable for Vegetarians

Gluten Free



DIGESTIVE FORMULA

Unique digestive tract formulation

A healthy digestive process is reliant on certain acidifying and enzymatic processes. Efficient digestion of all foods, including proteins, fats and complex carbohydrates, helps the body maximise its nutrient intake. Along with a number of plant and root extracts, Digestive Formula contains Calcium which contributes to the normal function of digestive enzymes – helping your body to process nutrients efficiently.

Product 4452

90 Tablets

Product Information

Tablets Per Container

90

Amount Per 3 Tablets	%EC RDA	
Calcium	75 mg	9%
Phosphorus	42 mg	5%
Amylase	150 mg	*
Bile	135 mg	*
Bromelain	90 mg	*
Lipase	75 mg	*
Pancreatin 6X	300 mg	*
Pancrelipase	330 mg	*
Papain	90 mg	*
Pepsin	210 mg	*
Betaine HCl	450 mg	*
L-Glutamic Acid	60 mg	*
Glycine	15 mg	*
Aloe Vera Leaf Powder	15 mg	*
Beet (Beta vulgaris rubra L.) Root Powder	15 mg	*
Glycerin	36 mg	*
Lecithin (Soya)	15 mg	*
Peppermint Leaf Powder	15 mg	*
ProBioTx™ Stabilized Probiotic Blend	60 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 5

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



DISCOVERY

Astragalus Rhizome Extract Capsules

Lifeplus Discovery is based on a pure and concentrated root extract of the Astragalus herb. This proprietary blend combines additional herbal extracts to create what we believe to be a truly exciting new addition to the Lifeplus product family!

Product 5096

30 Capsules



D-MANNOSE PLUS

D-Mannose and Cranberry Extract

D-Mannose is a natural sugar, which is minimally metabolised for energy, and does not stimulate insulin release. It is useful as a dietary supplement, especially when combined with cranberry extract which is a natural source of D-Mannose, as well as many other phytonutrients.

Native to North America, and a distant cousin to the European cowberry and huckleberry, the cranberry was recognised by Native Americans as a staple part of their diet. Today, cranberry-based products are enjoyed worldwide.

D-Mannose Plus is a quality nutritional supplement based on our proprietary D-C Complex™ (D-Mannose and Cranberry extract), manufactured to high-quality standards in an easy to use capsule form.

Product 4008

120 Capsules

Product Information

Capsules Per Container

30

Amount Per Capsule	%EC RDA
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Proprietary Blend:

Astragalus Rhizome Extract, Cinnamon Bark Extract, Pomegranate Whole Fruit Extract, Ginger Root Extract, Quercetin Dihydrate

9 mg

*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1A

Suitable for Vegetarians
Gluten Free

Product Information

Capsules Per Container

120

Amount Per 4 Capsules	%EC RDA
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Calories

32 kJ (8 kcal)

Total Carbohydrates

2 g

of which Sugars

2 g

Proprietary D-C Complex™

2050 mg

*

D-Mannose

*

Cranberry Extract

*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1

Suitable for Vegetarians
Gluten Free



EPA PLUS

Omega-3 Acid capsules

An expertly formulated marine lipid concentrate, EPA Plus provides Omega-3 fatty acids for those looking for a basic Omega solution. The Omega-3 fatty acid DHA supports the brain's function and development, and EPA supports your heart. EPA Plus also helps protect cells against oxidative stress due to the synergistic inclusion of Vitamin E. So follow your head and your heart in choosing EPA Plus to supplement your diet!

Product 5512

90 Capsules



EVENING PRIMROSE OIL

A natural source of essential fatty acids

Evening Primrose Oil is produced from Primrose seeds, which are a natural source of Linoleic Acid (LA) and Gamma Linolenic Acid (GLA). LA and GLA are so-called essential fatty acids, which we can consume in a sufficient amount through our food by following a balanced diet. Where many may have difficulty maintaining a balanced diet due to environmental factors, supplementing with our Evening Primrose Oil formula can be a solution. Our formulation as a bonus also includes Vitamin E, which contributes to the protection of cells from oxidative damage.

Product 5529

60 Capsules

Product Information

Capsules Per Container

90

Amount Per 3 Capsules	%EC RDA
Vitamin E (D-Alpha-Tocopherol)	4 mg α -TE 33%
EPA (Eicosapentaenoic Acid)	420 mg *
DHA (Docosahexaenoic Acid)	300 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 3C

Gluten Free

Product Information

Capsules Per Container

60

Amount Per 2 Capsules	%EC RDA
Vitamin E (D-Alpha-Tocopherol Acetate)	10 mg α -TE 83%
Evening Primrose Oil	1000 mg *
Gamma Linolenic Acid	80 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 3P

Suitable for Vegetarians

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



EYE FORMULA

Support and maintain healthy vision

Eye Formula provides a unique synergistic blend of micronutrients and natural herbal ingredients that combine traditional knowledge and experience with scientific knowledge, specifically to help support and maintain overall eye health.

Based on the latest research, Eye Formula combines distinctive ingredients to nourish and support the delicate cellular tissue and function of your eyes. It includes Vitamin A which is a well-known contributor to visual health, as well as Zinc which aids metabolism of Vitamin A, and also supports normal vision as a standalone mineral. Along with Selenium, Zinc also contributes to protecting cells from oxidative damage.

An ideal choice for those looking to supplement their intake – with an eye on the future!

Product 4454

60 Tablets

Product Information

Tablets Per Container

60

Amount Per 2 Tablets	%EC RDA
Vitamin A (Beta-Carotene)	750 µg RE 94%
Vitamin C (L-Ascorbic Acid)	140 mg 175%
Niacin (Nicotinamide)	20 mg NE 125%
Magnesium (as Magnesium Citrate)	14 mg 4%
Zinc (as Zinc Gluconate)	10 mg 100%
Selenium (as Sodium Selenite)	100 µg 182%
Bilberry Fruit Extract	420 mg *
Rutin	80 mg *
Hesperidin	40 mg *
Quercetin Dihydrate	40 mg *
L-Glutathione	2000 µg *
Lutein (from Lutein Extract)	4 mg *
Zeaxanthin (from Marigold (Tagetes erecta L.) Flower Extract)	4 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 5A

Suitable for Vegetarians
Gluten Free



FUSIONS RED™

Ultra concentrated fruit blend

A Lifeplus favourite, Fusions Red is a perfect combination of science, nature – and a great taste that makes them even more appealing!

Made from a concentrated blend of berries, including Sour Cherry, Pomegranate, Açai and more, the capsules are developed to allow the naturally occurring phytonutrients of each to remain preserved within, ensuring quality.

Easy to take, great to taste!

Product 4000

60 Vegetable Capsules

Product Information

Capsules Per Container

60

Amount Per 2 Capsules	%EC RDA
Calories	5 kcal or 20 kJ
Carbohydrate	1 g
of which sugars (Natural Fruit Sugars)	1 g
Proprietary Fruit Blend	1000 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 2E

Suitable for Vegetarians
Gluten Free





HEART FORMULA

An expert mix of nutrients to support cardiovascular wellness

Heart Formula is designed to support your cardiovascular system including the heart, arteries and veins. It contains Thiamin, also known as Vitamin B-1, which contributes to the normal function of the heart and a unique complex of synergistic nutrients, including Vitamin B-6 which contributes to red blood cell formation and Vitamin C to support collagen formation, essential for healthy blood vessels. A potent selection of minerals further improve the formula, along with natural plant extracts and our proprietary PhytoZyme® base to ensure the best synergy between all the ingredients.

Expertly selected vitamins and quality, core minerals and a synergistic blend to optimise the effects of all – a product that's easy to take to heart!

Product 4451

300 Tablets

Product Information

Tablets Per Container

300

Amount Per 3 Tablets	%EC RDA	
Vitamin A (Total)	1800 µg RE	225%
Retinyl Acetate	450 µg RE	56%
Beta-Carotene	1350 µg RE	169%
Vitamin C (L-Ascorbic Acid)	600 mg	750%
Vitamin D-3 (Cholecalciferol)	2,7 µg	54%
Vitamin E (D-Alpha Tocopheryl Acid Succinate)	50 mg α-TE	417%
Niacin (Nicotinamide)	3 mg NE	19%
Vitamin B-6 (Pyridoxine HCl)	15 mg	1071%
Folic Acid (Pteroylmonoglutamic Acid)	210 µg	105%
Vitamin B-12 (Cyanocobalamin)	180 µg	7200%
Calcium (from Dicalcium Phosphate)	22 mg	3%
Phosphorus (from Dicalcium Phosphate)	11 mg	2%
Magnesium (Total)	128 mg	34%
Selenium (as Sodium Selenite)	48 µg	87%
Copper (as Cupric Gluconate)	0,06 mg	6%
Manganese (as Manganese Gluconate)	1,2 mg	60%
Octacosanol	3,6 mg	*
L-Carnitine	45 mg	*

Amount Per 3 Tablets	%EC RDA	
Lemon Bioflavonoids Whole Fruit Powder	18 mg	*
Rutin	18 mg	*
Superoxide Dismutase	15 mg	*
L-Cysteine HCl	90 mg	*
DL-Methionine	60 mg	*
Taurine	36 mg	*
Garlic Clove Powder	6 mg	*
Ginger Root Extract	42 mg	*
Japanese Knotweed (Polygonum cuspidatum Sieb. & Zucc.) Root Extract	12 mg	*
Rosemary Leaf Extract	18 mg	*
Curcuminoids (from Turmeric Root Extract)	17 mg	*
Inositol	24 mg	*
Betaine HCl	120 mg	*
Choline Bitartrate	24 mg	*
Serrapeptase	15 mg	*
Trypsin	120 mg	*
Bromelain	285 mg	*
Papain	13 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 7

Gluten Free



IMMUNE FORMULA

Dedicated support for immune functions

Immune Formula represents one of Lifeplus' most considered, bespoke formulations, drawing on our trusted expertise and commitment to the best combinations of quality ingredients, driven to a specific purpose.

Our proprietary blend combines an array of extracts taken from nature along with Vitamin B-12 and Folic Acid, which contribute to the normal function of the immune system, formulated in our exclusive PhytoZyme® base to maximise synergy of the ingredients with one another, presenting an excellent option for those looking to effectively supplement their immune system's normal function.

Product 4458

120 Tablets

Product Information

Tablets Per Container

120

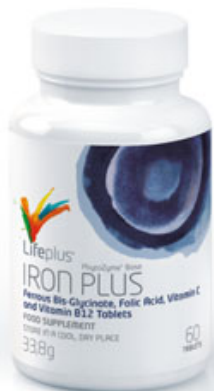
Amount Per 2 Tablets	%EC RDA	Amount Per 2 Tablets	%EC RDA
Folic Acid		American Ginseng Root Extract	20 mg *
(Pteroylmonoglutamic Acid)	40 µg 20%	Astragalus Rhizome Extract	93 mg *
Vitamin B-12 (Cyanocobalamin)	50 µg 2000%	Chinese (Baikal) Skullcap Root Extract	40 mg *
Mycoceutical Mix (Powders)	250 mg *	Gotu Kola Root Extract	40 mg *
Beta 1,3 Glucans		Green Tea Leaf Extract	80 mg *
(from Beta Glucan Complex)	40 mg *	Milk Thistle Seed Extract	30 mg *
Betaine HCl	100 mg *	Noni Fruit Powder	15 mg *
Bromelain	33 mg *	Olive Leaf Extract	20 mg *
Coenzyme Q-10	4 mg *	Pomegranate Whole Fruit Extract	18 mg *
Inositol	90 mg *	Privet Fruit (Berry) Powder	93 mg *
Inositol Hexaphosphate	70 mg *	Schisandra Chinensis	
L-Carnitine	20 mg *	Fruit Extract	63 mg *
Quercetin	40 mg *	Siberian Ginseng Root Extract	30 mg *
Japanese Knotweed Extract	20 mg *	Curcuminoids	
Aloe Vera Leaf Gel (Powder)	10 mg *	(from Turmeric Root Extract)	38 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 4B

Suitable for Vegetarians
Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



IRON PLUS

Expertly crafted to help supplement a range of iron dietary aims

Iron is a critical component in an everyday diet; it supports the formation of red blood cells, contributes to normal oxygen transport in the body as well as helps to combat tiredness and fatigue.

Iron Plus features additional ingredients which optimise the formula, such as Vitamin B-12 which supports energy levels and Vitamin C, which supports immune function and helps the body to absorb the iron more efficiently. This expert balance makes Iron Plus ideal for those looking to efficiently supplement their iron intake.

This product is only for those with increased dietary iron needs.

Product 4389

60 Tablets

Product Information

Tablets Per Container

60

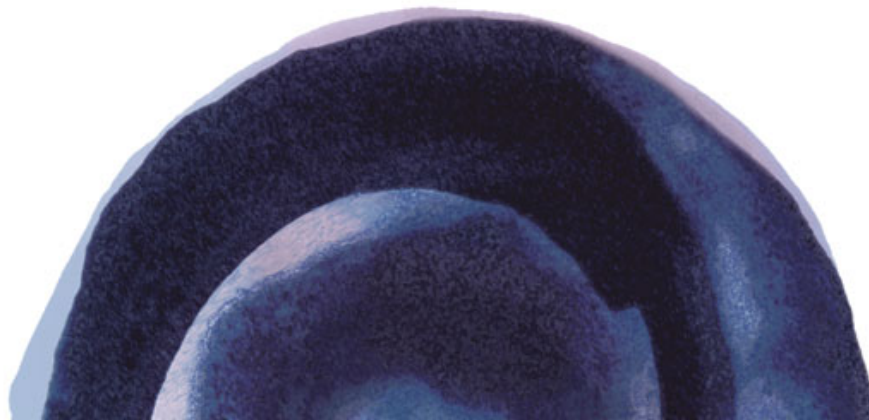
Amount Per Tablet	% EC RDA	
Vitamin C (L-Ascorbic Acid)	130 mg	163%
Folic Acid (Pteroylmonoglutamic Acid)	100 µg	50%
Vitamin B-12 (Cyanocobalamin)	25 µg	1000%
Iron (Ferrous Bis-Glycinate)	15 mg	107%

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 1

**Suitable for Vegetarians
Gluten Free**





JOINT FORMULA

Nutritional support for joints

We all like to keep fit – but fitness is about more than just muscles. Our joints do all the hard work in carrying us around, so it's important to look after them as part of our well-being. Joint Formula is designed to help support your joints for an active lifestyle. Joint Formula is a precise combination of minerals shown to support normal joints – such as Magnesium which supports protein synthesis. Joints (in particular joint cartilage), like all body tissues, are mainly made of protein whilst Manganese and Copper provide support to the body in maintaining the health of normal connective tissues. Joint Formula's Zinc content supports the body in metabolising key macronutrients such as carbohydrates and protein from which the nutrients to build joints are derived.

Product 4433 120 Tablets



LYPRINEX™

Easy to swallow lipid extract

A patented whole-lipid extract in small, easy to swallow caplets, from quality Green Lipped Mussels sourced in coastal New Zealand as a food supplement.

Product 4489 60 Capsules

Product Information

Tablets Per Container

120

Amount Per 4 Tablets	%EC RDA	
Magnesium (as Magnesium Citrate)	64 mg	17%
Zinc (as Zinc Sulphate)	4 mg	40%
Copper (as Cupric Gluconate)	0.2 mg	20%
Manganese (as Manganese Gluconate)	2 mg	100%
Glucosamine Sulphate Potassium Chloride Salt	1200 mg	*
N-Acetyl D-Glucosamine	200 mg	*
Chondroitin Sulphate	200 mg	*
Hyaluronic Acid	20 mg	*
Hydrolysed Collagen	100 mg	*
Silicon (Total)	8 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 3

Gluten Free

Product Information

Capsules Per Container

60

Amount Per 2 Capsules	%EC RDA	
Green-Lipped Mussel (Perna canaliculus)		
Whole Lipid Extract	100 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1T

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



MENAPLUS

Caring herbs, effective nutrients

A selection of natural herbs including Ginseng, Frankincense and Turmeric, skilfully combined with Vitamin B-6 which helps regulate hormonal activity, and Magnesium, which supports the normal functioning of the nervous system. This results in a high-quality supplement targeted at women who wish to supplement to their specific needs.

Product 5042

240 Tablets

Product Information

Tablets Per Container

240

Amount Per 5 Tablets	%EC	RDA
Vitamin B-6 (Pyridoxine HCl)	50 mg	3571%
Magnesium (Total)	150 mg	40%
Siberian Ginseng (<i>Eleutherococcus senticosus</i> (Rupr. et Maxim.) Maxim.) Root Extract	400 mg	*
Hops (<i>Humulus lupulus</i> L.) Strobile (Flower) Extract	100 mg	*
Indian Frankincense (<i>Boswellia serrata</i> Roxb.) Gum Exudates Powder	400 mg	*
Kudzu (<i>Pueraria lobata</i> (Willd.) Ohwi) Root Extract (40% Kudzu-isofl avones)	500 mg	*
Licorice (<i>Glycyrrhiza glabra</i> L.) (Deglycyrrhizinated) Root Extract	200 mg	*
Shatavari (<i>Asparagus racemosus</i> Willd.) Root Extract	200 mg	*
Turmeric (<i>Curcuma longa</i> L.) Roots and Rhizomes Powder	400 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 1C

Gluten Free



MEN'S FORMULA

Designed with men's needs in mind

Men are becoming increasingly aware and more responsible in managing their specific nutritional needs. Men's Formula is a quality nutritional supplement containing Vitamin A, Vitamin B, Vitamin D, Zinc and Selenium, which contribute to the normal function of the immune system and thus the bladder, prostate and urinary tract. Vitamin B-6 also supports energy levels and the body's ability to metabolise protein and glycogen (used in muscle formation) as well as contributing to hormone regulation; Zinc supports fertility and normal testosterone levels and Selenium supports both the function of the immune system and sperm production. These components help to ensure that Men's Formula presents an excellent option for any man looking to supplement his specific needs.

Product 4446

120 Tablets

Product Information

Tablets Per Container

120

Amount Per 2 Tablets	%EC RDA	
Vitamin A (Beta-Carotene)	750 µg RE	94%
Vitamin D-3 (Cholecalciferol)	5 µg	100%
Vitamin E (D-Alpha-Tocopheryl Acid Succinate)	82 mg α-TE	683%
Vitamin B-6 (as Pyridoxal 5-Phosphate)	10 mg	714%
Zinc (as Zinc Gluconate)	7,5 mg	75%
Selenium (as Sodium Selenite)	50 µg	91%
Boron (from Sodium Borate)	2 mg	*
Beta-Sitosterol (Soya)	50 mg	*
Lycopene (from Lycopene Extract)	300 µg	*
Catuaba Bark Extract	50 mg	*
Ginkgo Biloba Leaf Extract	10 mg	*
Nettle Root Extract	225 mg	*
Pumpkin Seed Extract	50 mg	*
Saw Palmetto Berry Extract	170 mg	*
L-Alanine	100 mg	*
L-Glutamic Acid	100 mg	*
Glycine	100 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.P.I.MOD 6

Suitable for Vegetarians
Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



MICRO•MINS™ PLUS

A great mix of essential minerals

An excellent option for basic mineral supplement needs.

Micro•Mins Plus includes a variety of minerals shown to support a number of processes across the whole body, such as:

- Iron – shown to support cognitive function and reduction of fatigue
- Magnesium – supports energy levels and maintenance of bones and teeth.
- Manganese – supports the growth of connective tissue such as cartilage and also helps protect cells from oxidative stress
- Potassium – helps maintain normal blood pressure, and the nervous system

With so many important minerals in one pill it's clear that Micro•Mins is a micro product – that supports a big impact!

Product 5590 60 Tablets



MSM PLUS™

Supports the body in maintaining joints

MSM Plus is a quality formulation which contains MSM (Methylsulphonylmethane) and also Molybdenum in the form of Sodium Molybdate; this contributes to normal sulphur amino acid metabolism to support the maintenance of joints.

Product 4463 240 Tablets

Product Information

Capsules Per Container **60**

Amount Per 2 Capsules	%EC RDA	
Iron	4 mg	29%
Magnesium	66 mg	18%
Manganese	2 mg	100%
Potassium	99 mg	5%
Organic Humic Shale (Organic Phyto Minerals) Powder	600 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 8A

Suitable for Vegetarians
Gluten Free

Product Information

Tablets Per Container **240**

Amount Per 8 Tablets	%EC RDA	
Molybdenum (as Sodium Molybdate)	34 µg	68%
Methyl Sulphonyl Methane (MSM)	5000 mg	*
Lemon Bioflavonoids Whole Fruit Powder	133 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 4B

Suitable for Vegetarians
Gluten Free



PARACLEANSE

For the support of natural digestive movements

An inactive lifestyle, stress or an unbalanced diet can lead to constipation or digestive sluggishness.

Paracleanse is a synergistic combination of herbs, herbal extracts, sulphur-containing amino acids, and MSM carefully designed to support the achievement of the desired effect.

Paracleanse was formulated for periodic use only and therefore we suggest that you only use it for about 10 to 12 days, once every 3 or 4 months. Just take a full supply as described on the label. One bottle of Paracleanse tablets 3 or 4 times a year provides herbal support for the desired effect.

Product 4450

180 Tablets

Product Information

Tablets Per Container **180**

Amount Per Tablet	%EC RDA
Wormwood (<i>Artemisia absinthium</i> L.)	
Aerial Parts Powder	100 mg *
Sweet Annie (Sweet or Annual Wormwood) (<i>Artemisia annua</i> L.) Aerial Parts Extract	40 mg *
Black Walnut Leaf Powder	100 mg *
Methyl Sulphonyl Methane (MSM)	50 mg *
Barberry Root Bark Powder	30 mg *
Clove Flower Bud Powder	50 mg *
Fenugreek Seed Powder	60 mg *
Garlic Clove Powder	70 mg *
Goldenseal Rhizome Powder	25 mg *
Milk Thistle Seed Extract	40 mg *
Parsley Leaf Powder	50 mg *
DL-Methionine	20 mg *
L-Cysteine	10 mg *
Kelp (<i>Laminaria digitata</i> L.)	50 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 5

Suitable for Vegetarians
Gluten Free

Product Information

Tablets Per Container **180**

Amount Per 6 Tablets	%EC RDA
Kidney Bean (<i>Phaseolus vulgaris</i> L.)	
Protein Concentrate Extract	1500 mg *

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 2

Suitable for Vegetarians
Gluten Free



PHASE'OMINE

Protein extract from legumes

Designed to be taken with meals that contain pasta or potato. Suitable for vegetarians.

Product 4461

180 Tablets



PH PLUS™

Alkaline tablets with a potent mix of essential minerals

PH Plus is a complimentary formula with a focus on balance. Calcium helps support the normal function of digestive enzymes, whilst Magnesium helps maintain the electrolyte balance in the body. Phosphorus supports cell membrane functions, and finally Potassium can help maintain normal blood pressure. Also features a variety of quality fruit and vegetable extracts and our patented PhytoZyme® base for an optimal formulation.

Product 4620

270 Tablets

Product Information

Tablets Per Container

270

	Per 3 Tablets	Per Day (9 Tablets)	%EC RDA (3 Tablets)
Calcium (as Calcium Carbonate)	228 mg	684 mg	86%*
Phosphorus (as Tripotassium Phosphate)	8 mg	24 mg	3%*
Magnesium (as Magnesium Carbonate)	90 mg	270 mg	72%*
Potassium (as Potassium Bicarbonate and Tripotassium Phosphate)	241 mg	723 mg	36%*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 3C

**Suitable for Vegetarians
Gluten Free**



PH PLUS™ Test Strips

Product 4619





REAL NRG™

A nutrient-rich alternative to coffee or soda

Real NRG combines rigorous science with great flexibility. An energy drink formulated to include natural sources of protein, carbohydrates and synergistic vitamins and compounds, Real NRG delivers a stimulating drink using nature's own ingredients. It can be mixed with either water or your favourite juice to create a delicious drink.

The formula includes Vitamin B-12, B-6, B-2, Niacin and Folic Acid to help support reduced fatigue along with Vitamin C to support muscle recovery – but those are just some of the carefully selected elements that combine to make Real NRG a definitive alternative to artificial stimulants.

High caffeine content (68mg/100ml). Not recommended for children or pregnant or breast-feeding women.

Product 4490

990 g

Product Information

Serving Size

16,5 g (1 Level Scoop)

Servings Per Container

60

Amount Per Serving		%EC RDA	Amount Per Serving		%EC RDA
Energy	62 kcal or 248 kJ	*	Vitamin B-6 (Pyridoxine HCl)	3 mg	214%
Protein	1 g	*	Folic Acid (Pteroylmonoglutamic Acid)	200 µg	100%
Carbohydrate	14 g	*	Vitamin B-12 (Cyanocobalamin)	30 µg	1200%
of which sugars	14 g	*	Pantothenic Acid (Calcium D-Pantothenate)	30 mg	500%
Fat	0,0 g	*	Zinc (as Zinc Gluconate)	3 mg	30%
of which: saturates	0,0 g	*	Chromium (as Chromium Picolinate)	40 µg	100%
of which: trans	0,0 g	*	Caffeine (from Guarana Seed Extract, and Green Tea Leaf Extract)	170 mg	*
Vitamin E (D-Alpha Tocopheryl Acid Succinate)	8,3 mg α-TE	69%	L-Carnitine	100 mg	*
Vitamin C (L-Ascorbic Acid)	100 mg	125%	Glycine	100 mg	*
Thiamin Mononitrate (Vitamin B-1)	2 mg	182%	L-Phenylalanine	150 mg	*
Riboflavin (Vitamin B-2)	2 mg	143%	Taurine	400 mg	*
Niacin (Nicotinamide)	18 mg NE	113%	L-Tyrosine	400 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.DE.PI.MOD 3E

Suitable for Vegetarians
Gluten Free

SMART BAR

Chocolate supreme nutrition bar

The Lifeplus Smart Bar contains a special combination of natural carbohydrates, fats, proteins and dietary fibres, without any sugar alcohols, trans fats or artificial sweeteners, resulting in a tasty snack.

Magnesium, Calcium and Vitamin D help to maintain normal muscle function, protein contributes to the maintenance of muscle mass, and Vitamins B-12, B-2 and B-6 as well as Niacin contribute to the reduction of tiredness and fatigue. Smart Bars also contain Iron, which contributes to the transport of oxygen through the body, for example to the muscles during exercise.

A great combination of taste and quality nutrients – on the go!

Product 1808

12 Bars



Product Information

Serving Size

Servings

1 bar (50 g)

12

Average nutrition value in 100 g		%EC RDA
Energy	408 kcal or 1708 kJ	*
Protein	22,9 g	*
Carbohydrate	39,0 g	*
of which sugars	34,2 g	*
Fat	15,3 g	*
of which saturates	6,4 g	*
of which Trans	0 g	*
Cholesterol	11 mg	*
Fibre	11,2 g	*
Vitamin A (Retinyl Acetate)	160 µg RE	20%
Vitamin D-3 (Cholecalciferol)	1,0 µg	20%
Vitamin E (DL-Alpha-Tocopheryl Acetate)	3,6 mg α-TE	30%
Vitamin C (L-Ascorbic Acid)	16 mg	20%
Vitamin B-1 (Thiamin HCl)	0,22 mg	20%
Vitamin B-2 (Riboflavin)	0,28 mg	20%
Niacin (Nicotinamide)	3,2 mg NE	20%
Vitamin B-6 (Pyridoxine HCl)	0,28 mg	20%

Average nutrition value in 100 g		%EC RDA
Folic Acid (Pteroylmonoglutamic Acid)	60 µg	30%
Vitamin B-12 (Cyanocobalamin)	0,5 µg	20%
Biotin	10 µg	20%
Pantothenic Acid (Calcium D-Pantothenate)	1,2 mg	20%
Vitamin K-1 (Phytomenadione)	15,0 µg	20%
Calcium (Total)	320,0 mg	40%
Phosphorus (Total)	293,0 mg	42%
Iron (as Ferrous Sulphate)	2,8 mg	20%
Magnesium (as Magnesium Oxide)	112,5 mg	30%
Zinc (as Zinc Oxide)	2,0 mg	20%
Iodine (as Potassium Iodide)	30,0 µg	20%
Selenium (as Sodium Selenite)	11,0 µg	20%
Copper (Total)	0,21 mg	21%
Chromium (as Chromium III Chloride)	8,0 µg	20%
Manganese (as Manganese Sulphate)	0,4 mg	20%
Molybdenum (as Sodium Molybdate)	10,0 µg	20%
Sodium	0,24 g	*
Potassium (Total)	554 mg	28%

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

US.EU.DE.PI.MOD 2B



SOMAZYME™

Enzymes and minerals working in synergy

Our bodies play host to countless chemical reactions on a daily basis, and use enzymes to support these chemical reactions.

Somazyme is a rich supplementary source of enzymes such as Bromelain, Pancreatin and Lysozyme. The synergistic formula also includes additional minerals shown to support the protection of cells from oxidative damage, such as Zinc, Magnesium and Manganese.

Product 4441

120 Tablets

Product Information

Tablets Per Container

120

Amount Per Tablet	%EC RDA	
Magnesium (as Magnesium Citrate)	2 mg	0,5%
Zinc (as Zinc Sulphate)	1 mg	10%
Manganese (as Manganese Sulphate)	0,2 mg	10%
Hesperidin (from Hesperidin Complex)	20 mg	*
Lemon Bioflavonoids	10 mg	*
Rutin	8,5 mg	*
L-Glutathione	150 µg	*
Pancreatin	150 mg	*
Papain	90 mg	*
Bromelain	130 mg	*
Lysozyme HCl	50 mg	*
Trypsin	50 mg	*
Superoxide Dismutase	15 mg	*
Serrapeptase	5 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 8

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



SUPPORT TABS PLUS

Nutritional support for a busy life

Support Tabs Plus is specially formulated to help provide additional nutritional support to those with busy lifestyles who do not always have the time to maintain a balanced diet. A careful selection of vitamins, minerals and compounds provide performance support, such as Vitamin B-6 and Vitamin C to help maintain energy levels, Magnesium to reduce fatigue and Chromium which supports blood glucose levels, as well as Pantothenic Acid to support the brain in producing key neurotransmitters and help you continue to manage the challenges and stresses of daily life.

Lifesun has combined these compounds with botanical extracts of Siberian and American Ginsengs. Other synergistic nutrients like bioflavonoids are included to further distinguish Support Tabs Plus as a plant-based alternative to artificial stimulants.

Product 4449

240 Tablets

Product Information

Tablets Per Container

240

Amount Per 4 Tablets	%EC RDA	
Vitamin C (L-Ascorbic Acid)	300 mg	375%
Vitamin E (D-Alpha-Tocopheryl Acid Succinate)	75 mg α-TE	625%
Thiamin HCl (Vitamin B-1)	6 mg	545%
Riboflavin (Vitamin B-2)	6 mg	429%
Niacin (Nicotinamide)	70 mg NE	438%
Vitamin B-6 (Pyridoxine HCl)	6 mg	429%
Folic Acid (Pteroylmonoglutamic Acid)	175 µg	88%
Vitamin B-12 (Cyanocobalamin)	240 µg	9600%
Pantothenic Acid (as Calcium-D-Pantothenate)	64 mg	1067%
Calcium (Total)	220 mg	28%
Phosphorus (Total)	131 mg	19%
Magnesium (Total)	69 mg	18%
Zinc (as Zinc Gluconate)	5 mg	50%
Selenium (as Sodium Selenite)	10 µg	18%
Copper (as Cupric Gluconate)	1 mg	100%

Amount Per 4 Tablets	%EC RDA	
Manganese (as Manganese Sulphate)	2 mg	100%
Chromium (as Chromium-(III)-Picolinate)	200 µg	500%
Potassium (as Potassium Gluconate)	15 mg	1%
Ginkgo Biloba Leaf Extract	6 mg	*
Gotu Kola Aerial Parts Extract	120 mg	*
American Ginseng (<i>Panax quinquefolius</i> L.) Root Extract	30 mg	*
Siberian Ginseng (<i>Eleutherococcus senticosus</i> (Rupr. et Maxim.) Maxim.) Root Extract	30 mg	*
Norwegian Kelp (<i>Ascophyllum nodosum</i> L.) Whole Plant Powder	30 mg	*
Lemon Bioflavonoids (Whole Fruit Powder)	175 mg	*
L-Glutamine	130 mg	*
L-Phenylalanine	300 mg	*
L-Tyrosine	100 mg	*
Pancreatin	45 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 5A

Gluten Free

TVM-PLUS™

Supporting all round nutrition in convenient tablet form

A comprehensive multivitamin, multi-mineral solution for those on the go. TVM-Plus combines a broad spectrum of essential vitamins and minerals to support a whole range of body functions:

- Vitamins A, B-6, B-12, C & D-3, which support the immune system, production of red blood cells and the maintenance of energy levels – and much more!
- A range of minerals including Magnesium, shown to support muscle function and the reduction of fatigue; Selenium which aids the protection of cells from oxidative stress and Zinc; which supports your body in metabolising macronutrients such as protein and carbohydrates.

TVM-Plus is additionally formulated in Lifeplus' exclusive PhytoZyme® base of plant enzymes and synergistic concentrates of fruits, vegetables and herbs.

Product 4448

180 Tablets



Product Information

Tablets Per Container

180

Amount Per 2 Tablets	%EC RDA	Amount Per 2 Tablets	%EC RDA	Amount Per 2 Tablets	%EC RDA
Vitamin A (Total)	750 µg RE 94%	Phosphorus (Total)	123 mg 18%	Norwegian Kelp Whole Plant Powder	3,4 mg *
Vitamin A (Retinyl Acetate)	250 µg RE 31%	Magnesium (Total)	133 mg 35%	Parsley Leaf Powder	2 mg *
Vitamin A (Beta Carotene)	500 µg RE 63%	Zinc (as Zinc Gluconate)	10 mg 100%	Rose Hips Fruit Powder	2 mg *
Vitamin D-3 (Cholecalciferol)	5 µg 100%	Iodine (as Potassium Iodide)	50 µg 33%	Siberian Ginseng Root Powder	2 mg *
Vitamin E		Vitamin K-1 (Phytomenadione)	27 µg 36%	Watercress Leaf Powder	2 mg *
(D-Alpha-Tocopheryl Acid Succinate)	28 mg α-TE 233%	Selenium (as Sodium Selenite)	42 µg 76%	Alpha Lipoic Acid	2 mg *
Vitamin C (L-Ascorbic Acid)	100 mg 125%	Copper (as Cupric Gluconate)	0,3 mg 30%	Choline Bitartrate	2 mg *
Vitamin B-1 (Thiamin HCl)	1,0 mg 91%	Manganese (as Manganese Gluconate)	0,6 mg 30%	Hesperidin (from Hesperidin Complex)	3,4 mg *
Vitamin B-2 (Riboflavin)	1,2 mg 86%	Chromium (as Chromium Picolinate)	60 µg 150%	Inositol	10 mg *
Niacin (Nicotinamide)	6,6 mg NE 41%	Molybdenum (as Sodium Molybdate)	40 µg 80%	Lecithin (Soya)	6,6 mg *
Vitamin B-6 (Pyridoxine HCl)	1,0 mg 71%	PABA	2 mg *	Lemon Bioflavonoids	
Folic Acid (Pteroylmonoglutamic Acid)	166 µg 83%	Boron (as Sodium Borate Decahydrate)	250 µg *	Whole Fruit Powder	17 mg *
Vitamin B-12 (Cyanocobalamin)	4 µg 160%	Silicon (Total)	1 mg *	Lycopene Extract	0,4 mg *
Biotin	100 µg 200%	Acerola Fruit Extract	2 mg *	Lutein Extract	0,7 mg *
Pantothenic Acid		Alfalfa Leaf Powder	2 mg *	Rutin	3,4 mg *
(as Calcium-D-Pantothenate)	4,6 mg 77%	Bilberry Fruit Extract	3,4 mg *	Soya Isoflavones Extract	4 mg *
Calcium (Total)	200 mg 25%				

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 5

Suitable for Vegetarians
Gluten Free



UBIQUINOL 100

Supporting your body's energy production

Ubiquinol supports the body's energy production cycle. The body converts Co-Q-10 into Ubiquinol, but without a balanced diet it can be difficult to provide the body with what it needs to achieve this. Ubiquinol 100 provides ubiquinol in a convenient, high-quality capsule form.

Product 1601

30 Softgel Capsules

Product Information

Softgel Capsules Per Container

30

Amount Per Capsule	%EC RDA	
Ubiquinol (Advanced Form of Co-Q-10)	100 mg	*
RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).		
*no RDA established		
EU.DE.PI.MOD 1D		Gluten Free



VITAMIN-C-PLUS

One of the most important micronutrients

Despite being one of the most well-known vitamins, it is still possible to forget just how important Vitamin C is, and to ensure it is reflected appropriately in your diet. Vitamin-C-Plus provides a concentrated, quality formulation of Vitamin C which:

- Contributes to normal collagen formation: collagen is one of the most important substances in skin tissue, bones, cartilage and teeth!
- Supports your body's ability to maintain energy levels.
- Supports normal function of the immune system.
- Helps reduce tiredness and fatigue.

...and there are still more proven benefits of Vitamin C! Our formulation delivers this essential vitamin in a blend designed to our highest internal standards.

Product 4421

300 Tablets

Product Information

Tablets Per Container

300

Amount Per 2 Tablets	%EC RDA	
Vitamin C (from L-Ascorbic Acid,		
Calcium L-Ascorbate, and Acerola)	1000 mg	1250%
Lemon Bioflavonoids Whole Fruit Powder	100 mg	*
Hesperidin (from Hesperidin Complex)	30 mg	*
Rutin	30 mg	*
Acerola Fruit Extract	20 mg	*
Cayenne Fruit (Spice Pod) Powder	10 mg	*
RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).		
*no RDA established		

U.S.U.PI.MOD 3

Suitable for Vegetarians
Gluten Free



VITAMIN-E-COMPLEX

A top quality, focused Vitamin E solution

A simple, quality supplement that harnesses the natural potency of Vitamin E in helping to support and protect your cells from oxidative damage. This product contains all eight isomers that make up the Vitamin E family.

Product 5038

60 SoftGel Capsules

Product Information

Softgel Capsules Per Container

60

Amount Per Capsule	%EC RDA	
Vitamin E (D-Alpha-Tocopherol)	33,6 mg α -TE	280%
Total Mixed Tocopherols (D-Alpha, D-Beta, D-Gamma and D-Delta)	300 mg	*
D-Gamma-Tocopherol	150 mg	*
Total Mixed Tocotrienols (D-Alpha, D-Beta, D-Gamma and D-Delta)	10 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.DE.PI.MOD 1A

Suitable for Vegetarians
Gluten Free

Food supplements should not be used as a substitute for a diversified diet.



VITA-SAURUS®

Specifically formulated with children in mind

As children grow and develop, it's important that they eat a balanced diet. Of course, this is often easier said than done, and many children do not always eat the right foods, opting instead for fast foods and foods containing more sugar than nutritional value.

That's why Lifeplus created Vita-Saurus®, a multivitamin formulated specifically to help supplement your child's diet – but without the sugar.

Vita-Saurus includes essential nutrients such as:

- Vitamin B-12 and Vitamin C which help support the immune system.
- Vitamin D and Calcium, both needed for normal growth and development of bones in children.
- Iodine which supports normal growth in children.

These chewy tablets even taste good, with two great-tasting flavours from a blend of extracts in each bottle!

Product 4472

180 Tablets

Product Information

Tablets Per Container

				180			
Amount Per Tablet		%EC RDA		Amount Per Tablet		%EC RDA	
		Children 2 to 3 Years of Age (1 Tablet) ¹	Adults & Children 4 or More Years (1 Tablet) ²			Children 2 to 3 Years of Age (1 Tablet) ¹	Adults & Children 4 or More Years (1 Tablet) ²
Vitamin A (Beta-Carotene)	400 µg RE	100%	50%	Iodine (as Potassium Iodide)	50 µg	71%	33%
Vitamin C (L-Ascorbic Acid)	50 mg	200%	63%	Magnesium (as Magnesium Carbonate)	1,6 mg	*	0%
Vitamin D-3 (Cholecalciferol)	2,5 µg	25%	50%	Zinc (as Zinc Sulphate)	4 mg	100%	40%
Vitamin E (D-Alpha-Tocopheryl Acid Succinate)	7,5 mg α-TE	*	63%	Vitamin K-1 (Phytomenadione)	10 µg	*	13%
Thiamin Mononitrate (Vitamin B-1)	1,6 mg	320%	145%	Selenium (as Sodium Selenite)	10 µg	100%	18%
Riboflavin (Vitamin B-2)	1,5 mg	188%	107%	Copper (as Cupric Sulphate)	0,05 mg	13%	5%
Niacin (Nicotinamide)	6,75 mg NE	75%	42%	Manganese (as Manganese Sulphate)	0,5 mg	*	25%
Vitamin B-6 (Pyridoxine)	1,6 mg	229%	114%	Chromium (as Chromium III Picolinate)	10 µg	*	25%
Folic Acid				Molybdenum (as Sodium Molybdate)	5 µg	*	10%
(Pteroylmonoglutamic Acid)	100 µg	100%	50%	PABA	5 mg	*	*
Vitamin B-12 (Cyanocobalamin)	5 µg	714%	200%	Choline Bitartrate	5 mg	*	*
Biotin	30 µg	*	60%	Rutin	5 mg	*	*
Pantothenic Acid				Inositol	1 mg	*	*
(as Calcium D-Pantothenate)	2,5 mg	*	42%	Hesperidin	0,5 mg	*	*
Calcium (Total)	6,5 mg	2%	1%	Lemon Bioflavonoids (Whole Fruit Powder)	0,5 mg	*	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established

EU.PI.MOD 4

Suitable for Vegetarians
Gluten Free



XTRA ANTIOXIDANTS

Extra support in protecting cells from oxidative stress

Xtra Antioxidants contains many different synergistic nutrients, including Vitamins C and E which help to protect cells from oxidative stress, and minerals such as Selenium which also serve this function.

Combined with quality plant extracts rich in compounds such as polyphenols and flavonoids and our proprietary PhytoZyme® base makes Xtra Antioxidants another great Lifeplus combination of science and nature!

Product 4457

120 Tablets

Product Information

Tablets Per Container

120

Amount Per Tablet	%EC RDA	
Vitamin A (Retinyl Acetate)	562,5 µg RE	70%
Vitamin C (L-Ascorbic Acid)	125 mg	156%
Vitamin E (D-Alpha Tocopheryl Acid Succinate)	50 mg α-TE	417%
Folic Acid (Pteroylmonoglutamic Acid)	75 µg	38%
Selenium (as Sodium Selenite)	25 µg	45%
Astaxanthin	250 µg	*
Bilberry Fruit Extract	12,5 mg	*
Coenzyme Q-10	3 mg	*
Green Tea Leaf Extract	25 mg	*
Hesperidin (from Hesperidin Complex)	10 mg	*
L-Glutathione	2,5 mg	*
Lutein Extract	5 mg	*
Lycopene Extract	2,5 mg	*
Quercetin	37,5 mg	*
Lemon Bioflavonoids Whole Fruit Powder	25 mg	*
Lecithin (Soya)	25 mg	*
Soya Isoflavones Extract	2,5 mg	*
Bromelain	25 mg	*
Rosemary Leaf Extract	10 mg	*
Curcuminoids (from Turmeric Root Extract)	28,5 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 3

Suitable for Vegetarians
Gluten Free



YUMMIES

Chewable multivitamin gummy bears

Packed with key vitamins and minerals, Lifeplus Yummies are a great way for kids to supplement with the nutrients needed for growth and development!

- Vitamin B-12 and Vitamin C which help support the immune system.
- Vitamin D supporting development of bones in children.
- Iodine which supports normal growth in children.

With natural fruit flavours, Lifeplus Yummies are a delicious chewable multivitamin for kids of all ages. Kids love these great-tasting, fun bear shapes in three yummy flavours – Strawberry, Orange and Lemon.

Product 4634 200 Gummy Bears

Product Information

Gummy Bears Per Container

Amount Per 2 Gummy Bears		%EC RDA	
		Children 2 to 3 Years of Age ¹ (2 Gummy Bears)	Adults & Children 4 or More Years ² (2 Gummy Bears)
Energy	15 kcal or 60 kJ	*	*
Carbohydrate	4 g	*	*
of which sugars	4 g	*	*
Vitamin A (Retinyl Palmitate)	780 µg RE	195%	98%
Vitamin D-3 (Cholecalciferol)	20 µg	200%	400%
Vitamin E (D-Alpha-Tocopheryl Acetate)	13,6 mg α-TE	*	113%
Vitamin K-1 (Phytomenadione)	20 µg	*	25%
Vitamin C (L-Ascorbic Acid)	20 mg	80%	25%
Vitamin B-6 (Pyridoxine HCl)	1,04 mg	149%	74%

Amount Per 2 Gummy Bears		%EC RDA	
		Children 2 to 3 Years of Age ¹ (2 Gummy Bears)	Adults & Children 4 or More Years ² (2 Gummy Bears)
Folic Acid (Pteroylmonoglutamic Acid)	260 µg	260%	130%
Vitamin B-12 (Cyanocobalamin)	5,1 µg	729%	204%
Biotin	60 µg	*	120%
Pantothenic Acid (as Calcium-D-Pantothenate)	5,2 mg	*	87%
Iodine (as Potassium Iodide)	42 µg	60%	28%
Zinc (as Zinc Citrate)	2,7 mg	68%	27%
Selenium (as Sodium Selenite)	20 µg	200%	36%
Choline (as Choline Bitartrate)	40 µg	*	*
Inositol	40 µg	*	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC). *no RDA established
EU.DE.PI.MOD 2

Suitable for Vegetarians
Gluten Free

Food supplements should not be used as a substitute for a diversified diet.

BODYSMART SOLUTIONS TRIPLE PROTEIN SHAKE – CHOCOLATE & VANILLA

Amino acids, vitamins and minerals in a triple protein powder

Bodysmart Solutions Triple Protein Shake is a great addition to your daily diet. Each serving provides high-quality protein from three different sources – whey, milk and soy – providing the full spectrum of amino acids in a readily usable form.

This tasty shake is an ideal support for both weight loss and performance. This formula supplies protein as an energy source – with virtually zero fat and only 1 g of carbohydrates. For those who are looking to perform to their best in sports or other exercise, protein is a vital element in supporting muscle growth and maintenance.

The Bodysmart Solutions Triple Protein Shakes also contain highly bioavailable Magnesium, which supports your body in synthesising protein, as well as calcium and Potassium, which help to maintain bones and teeth, muscular function and blood pressure.

A low-fat, protein-rich and tasty drink for those who want to be Bodysmart!

BODYSMART SOLUTIONS – MEN'S & WOMEN'S GOLD

Specially formulated vitamin supplements to be synergistic with the vitamins and nutrients found in the Bodysmart Solutions Triple Protein Shake.

By supplying your metabolism with the nutrients it needs, you help keep your body working efficiently. These supplements are specially tailored to contain 100% or more of the daily values of all vitamins and minerals – appropriate to each gender. Supplementing and maintaining a varied, balanced diet and a healthy lifestyle can contribute to maintaining a healthy weight.

By taking the Bodysmart Solutions Multivitamin Formulas for Men and Women in conjunction with your Bodysmart Solutions Triple Protein Shakes, you're not only getting the essentials, but a nutritional solution that goes far beyond that.



BODYSMART SOLUTIONS ENERXAN®

Natural ingredients to support sustained performance

Enerxan combines natural ingredients concentrated from green teas, yerba mate, cinnamon and more, with Chromium which helps maintain blood sugar levels as well as support effective metabolism of proteins and carbohydrates – perfect for energising your Bodysmart Solutions Programme!

Contains Caffeine: Not recommended for children or pregnant women.

(94 mg / 2 Tablets)

BODYSMART SOLUTIONS

Triple Protein Shake

Product 5518 – Chocolate

Product 5519 – Vanilla

Product 5499 – Vanilla Unsweet

Bodysmart Solutions Enerxan®

Product 4532

Bodysmart Solutions Men's

Product 4533 – Gold Formula

Bodysmart Solutions Women's

Product 4534 – Gold Formula

Bodysmart Solutions

Product 7889 – Blender Bottle

Product 7890 – Tape Measure



Gluten Free

BODYSMART SOLUTIONS STARTER PACKS

Each Bodysmart Solutions starter pack contains:

- Triple Protein Shake – Chocolate or Vanilla
- Multivitamin – Men's or Women's Gold Formula or Daily BioBasics™
- Enerxan® • Innovative Tape Measure* and Blender Bottle*

*Free with initial purchase only.

Product 4558 – Men's Gold Starter Pack – Chocolate

Product 4555 – Men's Gold Starter Pack – Vanilla

Product 4562 – Starter Pack – Daily BioBasics & Chocolate

Product 4570 – Women's Gold Starter Pack – Chocolate

Product 4567 – Women's Gold Starter Pack – Vanilla

Product 4561 – Starter Pack – Daily BioBasics & Vanilla

Food supplements should not be used as a substitute for a diversified diet.

Healthy Body

Don't forget to take a moment for yourself! Indulge and relax with our Healthy Body range.



Personal Care

Our personal care range features products made from quality extracts, and offers you the chance to really pamper yourself!





Dentacare Toothbrushes

The Lifeplus Dentacare Toothbrush provides universally recommended soft bristles.

Product 2637 – Blue

Product 2642 – 4 Pack



Inter-point™ – Interdental Cleaners

Inter-point oral hygiene instrument for superior food particle and plaque removal.

Product 0168 – 120 Inter-points



Lifeplus Wonder Gel

A gentle heat soothing, moisturising gel to help ease your tired muscles. Try a tube of this wonderful, greaseless, stainless gel today!

Product 6134 – 114 ml



MSM Plus Vital Care Lotion

MSM Plus Vital Care Lotion with Aloe Vera provides you with the benefits of a great skin-softening lotion with a pleasant fresh fragrance.

Product 1021 – 251 ml



Tea Tree Toothpaste

This toothpaste contains gentle, non-abrasive ingredients that clean away plaque and germs. It refreshes your mouth with an alcohol-free, minty taste.

Product 6233 – 85,9 ml With Fluoride

Product 6234 – 84 ml Fluoride Free



TTO-Pure Gold Hand & Body Bar

This exclusive, French-milled luxury bar gently cleanses away dirt and odour. TTO-Pure Gold is tough on dirt and perspiration. Its clean, fresh scent makes it excellent for all members of the family, but the rich lather and wonderful citrus scent creates such a unique bathing experience that you might just want to keep it all to yourself.

Product 6266 – 128 g



Skincare Products

Boost your skin's health and maintain its balance while addressing the signs of premature aging. Revive your skin to reveal a vibrant, healthy glow and rediscover skin that is healthy, balanced and youthful.



FY Skin Formula

Beauty begins from within.

FY Skin Formula tablets provide a carefully selected mixture of key vitamins and minerals shown to support and maintain healthy looking skin.

The blend of nutrients in this unique supplement is derived from a specific marine extract. In addition, FY Skin Formula contains Vitamin C known to support the formation of collagen, blood vessels and cartilages as well as Zinc, Vitamins D & E which contribute to the protection of cells from oxidative stress. FY Skin Formula is a great nutritional toolkit which may help you maintain a healthy looking appearance! It also contains 20 mg of hyaluronic acid per serving of 2 tablets.

Product 4444

60 Tablets

Product Information

Tablets Per Container

60

Amount Per 2 Tablets	%EC RDA	
Vitamin A (Beta-Carotene)	600 ug RE	75%
Vitamin D-3 (Cholecalciferol)	2,5 ug	50%
Vitamin E (D-Alpha Tocopheryl Acid Succinate)	8 mg a-TE	67%
Vitamin C (L-Ascorbic Acid, Acerola)	30 mg	38%
Zinc (as Zinc Gluconate)	4 mg	40%
Marine Concentrate	300 mg	*
Chondroitin Sulphate	350 mg	*
Hyaluronic Acid	20 mg	*
Rice Protein Isolate Powder	200 mg	*
Hydrolysed Collagen	80 mg	*
Norwegian Kelp Whole Plant Powder	66 mg	*
Acerola Fruit Extract	10 mg	*
Silicon (Total)	6 mg	*

RDA = EC Recommended Daily Allowance (Directive 2008/100/EC).

*no RDA established

EU.PI.MOD 3

Gluten Free

Food supplements should not be used as a substitute for a diversified diet.

Forever Young® – Advanced Performance Skin Care



Anti-Aging Serum

An invigorating combination of Green Tea, Pomegranate and Grape Seed Extracts along with Pumpkin Enzymes. Formulated for all skin types.

Product 4541



Day/Night Renewal Moisturiser

Balancing moisture to improve the condition of your skin. To further nourish and hydrate, extracts of Spirulina and Ginseng will give your skin what it needs to stay soft, smooth and absolutely rejuvenated.

Product 4543



Eye Complex

Soothing and delightfully refreshing, this unique eye cream contains a blend of Soy and Hydrolyzed Rice Peptides, which instantly hydrate. An innovative blend of Palmitoyl Oligopeptide and Palmitoyl Tetrapeptide-3 combined with the antioxidant benefits of Vitamins A, C, and E to help this vulnerable area maintain a strong moisture barrier.

Product 4544



Eye Firming Gel

Advanced revitalising gel containing White Tea Extract to help reduce dark circles and puffiness around the delicate eye area. The texture is light and absorption is quick, leaving the skin protected and hydrated. Oil free, fragrance free.

Product 4542



Purifying Cream Cleanser

Normal to Dry Skin Formula.

This creamy-rich and gentle formula is perfect for normal to dry, delicate skin. Gently and effectively dissolves facial makeup and dirt, then rinses away cleanly. Leaves skin feeling soft, soothed, comfortable. Panthenol and Walnut Seed Extracts are combined to encourage clarity and brightness. This cleanser is specially formulated to help keep skin purified with a fresh, healthy feeling.

Product 4540



Bodycare Products



Treat your body to a little pampering with our bath and bodycare products.

Bath & Shower Gel



Nourishing botanicals, gentle cleansers and the rejuvenating aroma of Peppermint, Rosemary and Lavender essential oils replenish your skin and revitalise the senses. Formulated to help exfoliate your skin. Skin-softening moisture-filled beads instantly restore your skin's natural glow. Contains Panthenol and Hydrolyzed Wheat Protein to help moisturise and Chamomile Extract to soothe and calm your skin. Vitamin E and White Tea Extract provide antioxidant and nourishing benefits leaving your skin clean, soft and rejuvenated. Formulated for all skin types.

Product 4564

Body Lotion



Ultra hydration with the benefits of three moisturisers including Jojoba Oil, Shea Butter and Sodium Hyaluronate. This moisture-rich lotion contains Aloe Vera to soothe and calm your skin along with the protective antioxidant White Tea Extract. Scented with the fragrance of natural essential oils, this hydrating body lotion leaves you with soft radiant skin. Formulated for all skin types.

Product 4565

Forever Young® Botanicals



Conditioner

This energising conditioner is formulated to provide daily protection from damage. Silk Amino Acids and Wheat Protein help protect your hair while Aloe Vera soothes and calms the scalp. It is lightly scented with the infused essential oils of Lavender, Rosemary and Peppermint and contains White Tea Extract and Vitamin E, which provide antioxidant and nourishing benefits improving the condition of your hair leaving it with incredible shine. Formulated for all hair types.

Product 4563



Foaming Hand Wash

Don't just wash your hands; treat your hands to something special with the Forever Young Botanicals Foaming Hand Wash. The gentle, foaming action of non-aerosol Foaming Hand Wash rinses away clean, leaving hands feeling refreshed and rejuvenated with every wash. Formulated with Aloe Vera to moisturise while it cleanses, this self-foaming liquid hand wash is mild enough for frequent use, making it perfect for those in a dry environment or who need to wash their hands frequently at home or work.

Product 4549



Hand Cream

What is the secret to beautiful hands? Forever Young Botanicals Hand Cream is enriched with clinical levels of Whey Protein, which has been shown to reduce the appearance of fine lines and wrinkles. Also containing clinical levels of Hazelnut Protein to help the skin restore its own moisture barrier as well as containing over five moisturisers including Shea Butter, Squalane, Sodium Hyaluronate, Sunflower Oil and Sodium PCA to protect against moisture loss. Formulated with Aloe Vera to soothe and calm your hands as well as Sea Kelp Extract. It contains an antioxidant blend of Pomegranate Extract, Vitamin A and Vitamin E to help protect your skin leaving your hands feeling soft and hydrated.

Product 4566



Shampoo

Healthy hair begins with a healthy scalp. Mild enough to use every day, this lightly fragranced shampoo infuses your hair with the essential oils of Peppermint, Rosemary and Tea Tree to energise and invigorate your hair and scalp. Formulated with Algae Extracts to nourish and support your hair along with the stimulating properties of Cucumber Extract. Willow Bark and Sage Extract replenish moisture and shine, leaving your hair soft, silky and looking healthy. Formulated for all hair types.

Product 4554

About Lifeplus

A photograph of two women sitting at a table, looking at a laptop. The woman on the left has blonde hair and is wearing a grey cardigan. The woman on the right has blonde hair and is wearing a light yellow shirt. They are both smiling and looking at the laptop screen. The woman on the right is holding a pen. The background is a bright, indoor setting with a pink cushion and a potted plant.

Business Opportunity

Are you looking for an opportunity to make a difference?

Not just in your life, but in the lives of those around you. Lifeplus is an opportunity, lifestyle and business model all rolled into one.

When you read a good book or discover a great new restaurant, you simply tell your friends about it and give them your recommendation.

It's the same with Lifeplus. Perhaps in conversation with a friend, you have an opportunity to recommend one of our nutritional products.

If they then decide to order our products themselves, and mention you as a reference, then you start earning bonus through our clearly structured and fair compensation plan. That is how referral marketing works!

Flexible and adaptable to your life

Our no-pressure model allows you to choose when and where you decide to focus your efforts. You may wish to work just a few hours a week, sharing enthusiasm with a few others and building a small network close to you.

Or if you have larger goals and wish to invest more time and effort, you will want to find "partners" whom you support in building their own customer base too. Simply by passing on your know-how and your growing knowledge about our products.

The best part? This is all possible whilst working from home!

Some of the benefits

- Promote well-being and self-improvement through quality products used by thousands daily
- Work from home, decide on hours to suit you.
- Chance to earn extra money through rewarding and transparent compensation plan.
- Full support and opportunities for personal development.
- Join a global network of thousands of associates.

Get started, risk free

You can try out without any financial risk. No catches, no clauses!

There are no joining fees and products go straight from the manufacturer to the end consumer so there's no need for you to buy and store product inventory.

You really can start to explore the opportunity without any commitments or obligation, and it's completely up to you how much of your time and resource you want to put in.

Would you like to know more?

If you think that you might like to see how you can begin to help yourself and others through Lifeplus, then we'd love for you to get in touch.

Email: info.eu@lifeplus.com

Telephone: +44 (0) 800 854374

We're looking forward to hearing from you!







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ITEM #4518 (10 Pk. #4519 – 25 Pk. #4520)

(50 Pk. #4525 – 100 Pk. #4531)

valid from 1 December 2012

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